ferns were artistically arranged and added not only beauty but a delicious fragrance to the scene. The room was arranged as a drawing room, with tables, sofas and chairs about, but naturally the centre of attraction, after the nurses themselves, were the samples of their outfits, which were also there on exhibition. As one examined the various articles, one was struck with the excellence and utility of everything, but one could not help noting also the thoughtful care with which everything that could add to the comfort and happiness of these brave women had been got for them, even to a kodak for each nurse, as something to amuse and occupy them in their leisure hours, these being, as well as many other things, personal gifts from her Excellency Lady Aberdeen.

The nurses wore their summer uniforms of dark and light blue, with kerchief and cap, and on a lay figure was exhibited a sample of their neat brown duck suits, made with a short skirt with bloomers and gaiters in the style of a natty bicycle suit, which they will wear when they walk those long, long 150 miles over mountain and swamp. On another figure their waterproof suits and tarpaulin hats were shown, and there was also on a third figure their winter suit of heavy blue blanket, with a big hood to match, lined with quilted silk. Of boots there was a variety; long rubber boots for the swamp; heavy leather boots, with thick rubber soles, studded with hob nails, for the mountain climb; big soft leather boots lined with fleecy lambswool to sleep in on winter nights; felt boots with thick felt soles for hospital wear, and, indeed, every sort of footwear that it is likely they will require. Doeskin mits, lined with homespun flannel; fur caps that come down like hoods, and that even tie across the face so as to defy Jack Frost; big fur gauntlets, warm stockings and underwear; compact little writing cases with "Victorian Order of Nurses" in gold letters, and even a small kit of tools, which includes a small saw, hammer, gimlet, screwdriver, big scissors, corkscrew, ball of twine, spool of wire, nails, screws, and so on, all arranged in a folding canvas case ; aluminum plates, cups, and cooking utensils, that all fit into an aluminum pail; hymn books and Bibles, leather valise and canvas "hold-all," small bags bound with leather to strap on the back; spirit lamp, small case of ink powder; a box of floats; an arrangement for purifying water; mosquito netting, and other small articles were all included in the outfit.

Perhaps the sleeping bag was that which was most minutely examined. They are made of canvas lined with flannel and interlined with eider-down. In shape they are not unlike a big old-fashioned bolster case, only that they button half-way down the length. With this bag is a hood of the same materials, and this is fastened across the face so that only the eyes and mouth will be left uncovered. With the sleeping-boots before described on their feet, the hoods on their heads, and the bags securely fastened, it is hoped that the nurses may be kept warm when sleeping out at night, even if the mercury were to drop out of the bottom of the thermometer.

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AFTER some time had been spent in inspection, and in being introduced to the nurses and in chatting with one another, a most interesting little ceremony took place, when his Excellency in her Majesty's name, accepted the nurses into the Victorian Order, and clasped a jubilee ribbon and silver medal about their necks.

So much was there to talk about and to interest one that it was nearly midnight before the last guests said goodnight, many people expressing their determination to be down at the station on Monday at 6 p.m., when the party starts on their westward journey. A short stay is to be made by request in Winnipeg, Regina, Vancouver and Victoria, which will occupy the time until the troops arrive in Vancouver, from which port the expedition will sail. The nurses will be the guests of the local Councils in these several cities, and it is probable that meetings or receptions will be held in each place in the interests of the Victorian Order of Nurses.

## Reflections

## FROM A BOARD ROOM MIRROR.

THE Queen has sent the London Hospital £100 in aid of the special Appeal now being made.

The Queen has sent, spontaneously, the Jubilee medal to Mr. Bischoffsheim, in order to show how much interest she takes in his work, of providing ambulances in the London streets, and how great is her sympathy with the people of London in suffarings

their needs and sufferings.

We consider it grossly impertinent of Sir Henry Burdett "to give a character" to the Hon. Sydney Holland, in Thursday's *Times*. Mr. Holland's work for the London Hospital was guaranteed when he was unanimously selected as Chairman, instead of a certain pushful person, who shall be nameless.

Mr. William J. Morton has been appointed Secretary of the North London Hospital for Consumption. Mr. Morton, who has been Acting Secretary of the Hospital since November last, received his training under Mr. R. Gofton Salmond the genial and wellknown Secretary of the British Home for Incurables, Streatham,



